

What to Bring With You - Yachting

Head & Body:

1. Wet weather gear is supplied if you don't have your own (trousers/jacket)
2. Leather sailing gloves (optional) – to protect delicate hands from rope burn
3. Be prepared for all conditions; Sunny gear & warm clothing for wearing under wet weather gear. Pack spare socks/trousers/shirts/jumpers/etc that way the sun is sure to shine
4. Swimming stuff (for the brave & beautiful)
5. Going ashore glad rags

Footwear:

1. Deck shoes (non-marking) – or old trainers
2. Flip-flops are handy and lots more practical than high heels on yachts!

General:

1. Towels - neck – if going off shore / racing otherwise a beach towel
2. Wash gear – we have great shower facilities at most marinas / on yachts
3. Sleeping bag and pillow – when staying onboard (let NMI know “in advance” if you want us to supply)
4. Favourite tippie/chocolate
5. Book or magazine
6. Sunglasses and Sunhat – with ties!
7. Sun screen factor 20+ - optimistic maybe, but even when overcast we get 6 x light levels of being ashore
8. Any medication necessary - sea sickness tablets work better if you read the instructions AKA drinking / time to start dose etc
9. Personal RYA logbook - for signing logging sea miles for future sailing qualification
10. Bring spending money
11. Camera
12. Stow your gear in a soft bag that can be stowed away easily within the limited cupboard space on a yacht no hard cases please

Contact NMI if you would like us to help you arrange personal holiday insurance cover in advance of your trip

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